## Utipro®Plus AF







Can be used in conjunction with antibiotics

Well tolerated



2 Caps x 5 Days

## For Acute Cystitis

From the development of the first symptoms of urinary discomfort. Take 2 capsules per day (1 capsule every 12 hours) for 5 days.



1 Caps x 15 Days

### For Recurrent UTIs

To prevent recurrence, take 1 capsule per day for 15 consecutive days per month. Treatment can be repeated in cycles to prevent recurrences.

### If a UTI occurs during a 15 day cycle or the 15 days break.

Utipro Plus AF should be taken from the first signs of symptoms of an infection, regardless of where you are on the cycle. After 5 days of treatment with 2 capsules a day, start the cycle again and continue to take 1 capsule a day for 15 consecutive days.

### References:

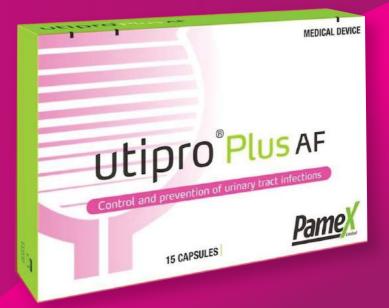
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# Utipro®Plus AF

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# Utipro Plus AF

# For the CONTROL & PREVENTION of Urinary Tract Infections<sup>1</sup>



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## Utipro® Plus AF is the latest innovation in the management of uncomplicated UTIs

### Medical Guidelines For the Management of Urinary Tract Infections in Women

Due to the global rise in antimicrobial resistance (AMR), there is a continued drive for antibiotic stewardship and more prudent prescribing of antibiotics.<sup>2</sup> Several clinical practice guidelines recommend the consideration of antibiotic free therapies for the management of both acute and recurrent uncomplicated urinary tract infections.<sup>2,3,4,5</sup>

Acute lower uncomplicated UTI (cyctitis)

Prevention of recurrent UTIs

Consider an antibiotic free approach and delaying antibiotic use for 48 hours in patients under 65 years of age<sup>2,3,4</sup>

If symptoms worsen or do not improve within 48 hours, a back up anithiotic prescription is indicated

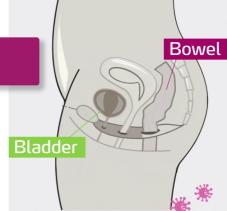


A recent meta-analysis which evaluated the benefits of a medical device containing xyloglucan, hibiscus and propolis, suggests that **Utipro®** Plus AF is a promising, non-antibiotic approach to the management of acute and recurrent uncomplicated UTIs.<sup>7</sup>

### Unique Dual Mode of Action

Works simultaneously in the bladder and intestine to control and prevent urinary tract infections.

Utipro® Plus AF is currently the only non-antibiotic treatment approach that effectively targets the source of infection in the intestine by creating a protective layer that reduces the growth of bacteria and their subsequent ascent into the bladder.<sup>8</sup>



## How does Utipro® Plus AF work?

#### Xyloglucan-Gelose

Xyloglucan is a mucoprotectant of plant origin. Its fibrous composition makes it resistant to digestion. When it arrives in the large intestine, its viscoelastic properties allow it to form a protective layer over the surface of the intestinal mucosa, reinforcing the integrity of the intestinal barrier.<sup>8</sup>

This reduces the adhesion of uropathogenic bacteria to the intestinal wall, which in turn reduces growth and proliferation of bacteria in the intestine. The overall effect reduces transmission of bacteria outside of the intestine which may prevent infection of the urinary tract.<sup>8</sup>

### Hibiscus & Propolis

Hibiscus, a type of plant and propolis, a compound produced by bees both contain organic acids that mildly decrease urinary pH in the bladder. Infected urine contains large amounts of nitrite. Acidification of nitrite results in the formation of nitric oxide (NO) which creates an unfavourable environment for bacterial growth, helping to eliminate bacteria and control symptoms of cystitis.





utipro plus reduced the need for antibiotics.

9/10 patients with cystitis did not require an antibiotic with Utipro® Plus.8



Utipro'plus provided relief from symptoms from the onset.8

- Fast decrease in pain during urination.
- Fast relief from the urgency to urinate.

Utipro°plus improved the symptoms associated with acute cystitis after 5 days of treatment, compared to a placebo, reducing need for antibiotic treatment.8



